Kythnos Hiking

Kythnos: 6-day Spring Wildlife / Countryside Tour
30/3/2026 - 4/4/2026

Monday (30/3/26)	1630 – Ferry from Lavrio to Kythnos (via Kea); eyes out for dolphins 1900 – Arrival Kythnos, transfer to Hora accommodation 2000 – Aperitivo, dinner at Hora taverna for guide's introduction
Tuesday (31/3/26)	0830 – Breakfast at Stamati Bar 0930 – Minibus transfer to Loutra area for orchids, fritillaries 1100 – Transfer towards Kastro Orias for Byzantine history 1200 – Migratory bird watch in Orias area 1300 – Lunch pause at Loutra, visit to hot springs 1500 – More flowers near Aghia Irini, outside Hora 1630 – Return to Hora hotel for wash and brush up 1930 – Aperitivo, dinner in Hora taverna (location to be decided)
Wednesday (1/4/26)	0830 – Breakfast at Stamati Bar 0900 – Transfer to Merichas port for optional boat trip 1000 – Guide points out birds, sea birds such as gulls, shags 1100 – Watch out for dolphins, monk seals 1330 – Boat lands at Loutra for picnic lunch, coffee 1500 – Transfer to municipal rubbish dump for birds of prey 1630 – Return to Hora hotel 1730 – Transfer to fish restaurant in Merichas 2200 - Return to Hora
Thursday (2/4/26)	0830 – Breakfast at Stamati Bar 0930 – Coffee with local vet about mainly farm animals 1030 – Light walk out of Hora to cheese-making plant 1200 – Visit to beekeeper near Dryopida 1300 – Visit to Katafiki cave for stalagmites, stalactites 1400 – Lunch pause 1500 – Cooking class in Dryopida private house 1800 – Aperitivo before own-cooked dinner 2100 – Return to Hora hotel

Friday (3/4/26)	0830 – Breakfast at Stamati Bar 0900 – Light walk to Vryokastro ancient city 1200 - Visit to Archeology Museum 1300 – Lunch pause in Hora 1400 – Pottery class – pot-making, baking, design 1900 – Return for finished pot product 1930 – Aperitivo, dinner, traditional music
Saturday (4/4/26)	0830 – Breakfast at Stamati Bar, check-out Filoxenia 0930 – Last visit to see birds, flowers in south of Kythnos 1000 – Visit to wine-growing areas near Aghios Konstantinos 1100 – Presentation of different wine varieties, Kostas wine producer 1200 – Visit to Flambouria beach to meet donkeys, church 1400 – Transfer to Merichas to taste professional wines 1430 – Followed by lunch at Arapis taverna with Kostas 1700 – Macedon Ferry leaves for Lavrio (arrives 1850)

www.kythnoshiking.com

1. This programme is provisional. The nature guide book by Greek naturalist David Koutsogiannopoulos with monthly sighting advice is free of charge as is the Kythnos Hiking Guide published by Terrain, the map producer.

2. For the small amounts of walking, we recommend long trousers for foliage on trail, walking boots or robust trainers, hat, sun lotion, swim kit; in early or late season light raincoat or anorak and pullover.

3. Breakfast is provided at Stamati's Bar, usually fruit and yoghurt with options for egg dishes, pies, bread and jam. We do not pay for lunch but provide advice on which bars or taverna are open, or the best sandwich shops; dinner is provided at taverna around the island. Alcoholic drinks at guests' own expense.

4. Apart from the Kythnos Hiking Guide, provided free, walkers can buy Terrain's Kythnos maps from Cat with Hat shop in Hora, in the supermarket in Merichas, and Alkyoni in Dryopida.

5. For queries telephone Nigel Tutt (0030 693 7788764), Molly Margomenou (0030 697 4623 498)